

SELF PAY RATES UNCHANGED FOR 2026

With the rising cost of healthcare insurance many people are opting for high-deductible plans. In such cases, going through your insurance for testing may be very expensive. **We offer self-pay rates for patient visits and cardiac testing that are among the lowest in the city.** These rates are published on our website and in our waiting room. Please note however that if you proceed with self-pay testing, it must be paid in advance and cannot be charged back to insurance at a later date. On the other hand, testing can often be done all in one day, **saving not only money but also time!**

Toronto Half Marathon – Dr Singh and Business Development Director Tracy Reganall along with family completed the half marathon in Toronto in support of SANSAR. For everyone- especially the growing South Asian community- walking or running is one of the best forms of exercise to reduce your cardiovascular risk.

AHA New Orleans- A major study that **NSC Research** participated in called Vesalius was presented here in November. It reaffirms that lowering LDL cholesterol with evolocumab (Repatha) to ultra-low levels (<55 mg/dl) even in those who have minimal plaque build up reduces heart attacks, stroke and death.

\$100 CHRISTMAS DISCOUNT - HEART PROTECTION- consider the gift of life by offering **someone you love** this prevention package. Identifying risk early allows one to make the necessary changes. The package includes a stress test, vascular imaging, rhythm analysis, coronary calcium score, blood tests, along with a 10 year and lifetime risk score. **No insurance is needed for this \$900 package that can be paid in up to 3 installments.** Results are reviewed with Dr Singh. *This program is not recommended for individuals having symptoms which can be addressed promptly by our office team.* To book your screening visit or **purchase a gift certificate** please call the office at 678-208-0165.

Welcoming Riza and Kate

We are very pleased to welcome **Riza Khan** as our newest medical assistant. She is a graduate of UGA with plans to pursue a career in medicine. We look forward to her assisting our clinic patients.

We also welcome **Katherine Byrne** who comes with extensive experience as a medical assistant. She will also be assisting with front desk operations and working part-time as a clinical research coordinator.

Many of you have had the pleasure of meeting **Olivia Basile** who is our very capable and caring physician assistant. Some of you will see Olivia in clinic directly however, even in Dr. Singh's absence, all management plans are reviewed together to ensure optimal care!



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