

## The POWER OF YOUR PLATE - Lecture Series

We are pleased to announce a four-part lecture series starting in May, led by nationally acclaimed nutrition instructor Shobha Swamy. The classes will run on Tuesday's from 6:30-8pm in the Johns Creek office. Each session is \$30 or all 4 for \$100. Classes will repeat on a monthly cycle for 3 months so that you can tailor to your schedule. Each class will include a presentation, cooking demo, easy recipes, dinner samples and plenty of Q and A time. For more information and to register please visit [bit.ly/nsc2025may](http://bit.ly/nsc2025may) or call 248-894-1929

**NO SHOW FEES** – We pride ourselves on seeing patients promptly but to accommodate everyone in a timely manner we cannot have no show patients. Please note that if you have **confirmed** your appointment or testing and fail to show up on time we will need to charge a \$50 fee. For nuclear stress testing the fee is \$400 to cover the radioactive tracer that will have to be discarded. Please avoid these charges by rescheduling at least 24 hours in advance.

**NSF PARKING** – We know that parking is often challenging on the hospital campus. We encourage our patients to take advantage of the free valet parking or the assistance of the volunteer golf cart drivers until the new parking deck is built!

**HEART PROTECTION-** consider the gift of life by offering someone you love this prevention package. Identifying risk early allows one to make the necessary changes. The package includes a stress test, vascular imaging, rhythm analysis, coronary calcium score, blood tests, along with a 10 year and lifetime risk score. **No insurance is needed for this \$900 package that can be paid in up to 3 installments.** Results are reviewed with Dr Singh. *This program is not recommended for individuals having symptoms which can be addressed promptly by our office team.* To book your screening visit please call the office at 678-208-0165.

## OFFICE INFO

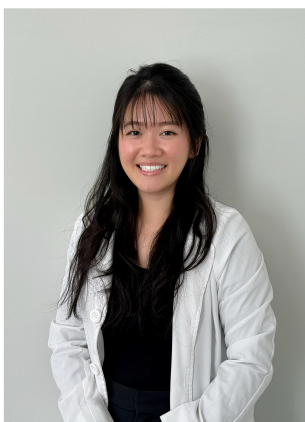
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## Follow us Through Social Media



## Major Staff Changes!

We are saddened to announce that **Taylor Mabe** will be leaving the practice. For personal reasons she will need to move back to Texas. We will miss her immensely as she has been instrumental in the growth and success of the practice. We wish her the very best!

At the same time we are very excited to welcome **Minhanh (Tina) Nguyen** who is a family nurse practitioner recently graduated from Emory and Purdue University and with emergency department nursing experience. She will work alongside Dr Singh both in Cumming and Johns Creek.

