

AN OLD COMMITMENT BUT A NEW LOOK!

In an effort to constantly provide you with the latest information on heart health, we will be revamping the www.heartdrsingh.com website. Please take a moment to visit the site and scroll through the articles that apply to your recent visit. The site is also a place where you can book appointments, e-mail a question, find out about the latest research and also rate us on the various social media sites and ratings review apps. As always if we have could have improved your visit experience please contact me through crystal@ahsmed.com



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PURPLE PALOOZA !

Dr. Singh and Atlanta Heart Specialists will once again be at the Purple Palooza Fall event on Saturday October 10th in the Home Depot Parking Lot at Market Place Blvd, Cumming, GA. The theme is Harvest and Health and we look forward to saying hi, provide health screenings, learn more about the practice, and enjoy the fun filled festivities!

NEW DRUGS ...NEW HOPE...NEW COSTS!

This year has seen many promising new drugs approved for use in heart patients. If your **cholesterol** is too high and statins have not been tolerated or effective two new twice monthly injectables (**Praluent and Repatha**) can lower cholesterol dramatically with minimal side effects! For patients with a **weakened heart** and a low ejection fraction < 40% a combination drug pill (**Entresto**) can replace your ACEI/ARB and improve survival by 20% over 2 years! For pts with a **prior heart**

attack a lower dose of the blood thinner (**Brilinta**) can reduce your chances of a future heart attack, stroke or death. For patients with **diabetes** the drug (Jardiance) in combination with metformin will lower sugars, blood pressure and weight, which in turn improved overall survival! Unfortunately all these drugs are **expensive** but our office and my team will work with you and your insurance company to ensure that if these **lifesaving meds** are needed, we will do our best to get them for you in an affordable manner!